

# PRECISION SKIN PACKAGES



CATALOG 





— Precision Skin and Longevity

# Want to improve your skin health?

Did you know your skin is a  
window into your health?



# ANTI-AGING



Prepare your skin for longevity, all year round.

- Comprehensive medical assessment
- Regular follow-ups
- 2 nutrition consultations with a Registered Dietitian
- 1 gut microbiome with nutrition consultation
- 1 skin microbiome with skin consultation
- DEXA body composition
- 4 Flex treatments - increase muscle mass and strength
- 6 facials - 1 every 2 months
- 2 PRP sessions with microneedling
- 3 laser skin tightening sessions or intraoral
- 2 sessions with a kinesiologist



# HAIR PACKAGES

Are you experiencing hair loss?

## ◆ HAIR THINNING/ALOPECIA

- Comprehensive medical assessment
- Comprehensive nutrition assessment with a Registered Dietitian
- Regular follow-ups
- 3 nutrition follow-ups
- Disease-based DNA test with consultation
- 6 PRP treatments
- 6 laser hair restoration treatments
- Pharmaceutical compound to help promote growth.

## ◆ HAIR RESTORATION

- Comprehensive medical assessment
- Comprehensive nutrition assessment with a Registered Dietitian
- DEXA body composition
- 4 mini facials
- 4 laser hair restoration treatments
- 4 scalp massages
- Pharmaceutical compound to help promote growth.

# NUTRITION WELLNESS PROGRAMS WITH A REGISTERED DIETITIAN

Check how nutrition affects your overall health.


## ◆ RISK ASSESSMENT

- Comprehensive medical assessment
- Comprehensive nutrition assessment and follow-up
- DEXA body composition with assessment
- 1 month daily nutrition feedback

## ◆ CUSTOMIZED MEAL PLAN

- Comprehensive medical assessment
- Comprehensive nutrition assessment and follow-up
- Personalize meal plan
- 1 month daily nutrition feedback

## ◆ PRECISION NUTRITION– MICROBIOME

- Comprehensive medical assessment
  - Comprehensive nutrition assessment
  - 1 month daily nutrition feedback
  - Understand gut health
  - Gut microbiome with assessment
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# SCARRING PACKAGE

Are you seeking to reduce or eliminate scars?

## ◆ ON THE SURFACE

- Comprehensive medical assessment
- Gut microbiome with nutrition consultation
- 1 perfect peel

## ◆ LET'S GO DEEPER

- Comprehensive medical assessment
- Dexa body comp with assessment
- 1 perfect peel
- 2 oxygen facials

# FACIAL PACKAGE

Give your skin the perfect radiant look.

- Comprehensive medical assessment
- Skin microbiome with assessment
- 8 oxygen facials
- 3 laser skin tightening



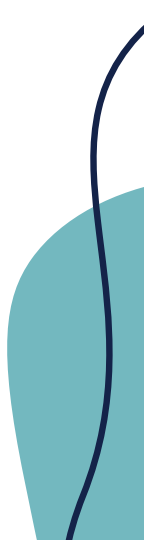
# SPORTS PACKAGE

For athletes or those wanting to focus on their game.

- Comprehensive medical assessment
- Comprehensive kinesiology assessment
- Comprehensive nutrition assessment with a Registered Dietitian
- Regular follow-ups
- Gut microbiome with nutrition consultation
- Sports genomics DNA test with kinesiology consultation
- 2 DEXA body compositions
- 12 Flex treatments, once a month
- 4 facials, once every 3 months

# ARTHRITIS PACKAGE

Non-surgical treatment for knee & back pain.

- Comprehensive health assessment
  - Gut microbiome with nutrition consultation
  - DEXA body comp
  - 12 Flex treatments
  - 12 mini facials
  - 6 laser pain management sessions
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# WELLNESS PACKAGES


Prioritize your health for a happy and longer life.

## ◆ FEMININE HEALTH

### Urinary Incontinence/Urinary Prolapse

- Comprehensive medical assessment
- Comprehensive nutrition assessment with a Registered Dietician
- Regular follow ups
- Vaginal microbiome with nutrition consultation
- Disease-based DNA test with consultation
- 4 Flex treatments - core strength
- 3 laser Incontinence treatments
- Non surgical intervention

## ◆ HEART HEALTH

- Comprehensive medical consultation
  - Comprehensive nutrition assessment with a Registered Dietician
  - Regular follow ups
  - Cardiac genomics DNA test with consultation
  - 2 DEXA body compositions
  - 12 Flex treatments - core strength
  - 4 facials, once every 3 months
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# SLEEP APNEA



*Trouble sleeping at night? Snoring?*

- Comprehensive medical assessment
- Comprehensive cardiac assessment
- Regular follow-ups
- Gut microbiome with nutrition consultation
- Cardiac DNA genomic test with consultation
- DEXA body composition
- 6 Flex treatments
- Sleep apnea study
- 3 laser sleep apnea treatments
- 3 chin tightening

# LASER HAIR REDUCTION



*Do you struggle with excessive hair growth?*

- Comprehensive medical assessment
- Comprehensive nutrition assessment with a Registered Dietitian
- 8 sessions of laser hair removal
- 3 dermaplaning facials
- Gut microbiome with nutrition consultation



# SKIN REJUVENATION


Looking to restore your skin health and vitality?

Our most popular program!

- Comprehensive medical assessment
- 3 nutrition consultations with a Registered Dietitian
- Gut microbiome with nutrition consultation
- Skin microbiome with skin consultation
- DEXA body composition
- 3 oxygen facials
- 3 microneedling sessions
- 3 skin tightening facials
- Vivier signature kit

# GET YOUR GLOW

Renew your skin's natural glow.

- Comprehensive medical assessment
  - Comprehensive nutrition assessment with a Registered Dietitian
  - 3 Alumier peels
  - 3 infused oxygen facials
  - Gut microbiome with nutrition consultation
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ANYTHING WORTH  
HAVING  
TAKES TIME


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LIKE HEALTHY SKIN

## CONTACT US

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“Beautiful skin demands  
precision and dedication,  
not miracles.”

-RAMAN KAPOOR  
CHIEF HEALTHSPAN OFFICER  
BIOARO

